

## Advances in Regenerative Therapy for Auricular Reconstruction in Congenital Microtia

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### ABSTRACT

Advances in regenerative therapy have sparked significant interest in the field of auricular reconstruction for congenital microtia. Congenital microtia is a rare congenital deformity characterized by underdevelopment or absence of the external ear. Traditional surgical approaches using autologous grafts or artificial implants have limitations. Regenerative therapy offers innovative solutions by leveraging tissue engineering, biomaterials, and stem cells to create patient-specific and anatomically accurate external ears. This literature review explores the theoretical framework, surgical treatment, and potential complications of regenerative therapy for auricular reconstruction. Promising outcomes and future perspectives highlight the potential of regenerative therapy in providing more natural, functional, and personalized solutions for individuals with congenital microtia. Continued research and collaboration are crucial to advancing this field and improving the lives of those affected by microtia.

### ARTICLE DETAILS

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### INTRODUCTION

#### Epidemiology

Congenital microtia is a rare and complex congenital malformation affecting the external ear, characterized by underdevelopment or complete absence of the ear structure. It is estimated that microtia occurs in approximately 1 in 5,000 to 1 in 8,000 live births worldwide, varying in prevalence among different populations and ethnicities. The condition is more commonly observed in Asians and Native Americans and is less frequent in individuals of African descent. Additionally, microtia tends to affect males more often than females.

The precise etiology of congenital microtia remains elusive, but it is believed to result from a combination of genetic and environmental factors. Several genes have been implicated in the development of microtia, and certain maternal factors, such as maternal diabetes or exposure to teratogens during pregnancy, have also been associated with an increased risk of microtia in some cases.

#### Significance

The significance of congenital microtia lies in its impact on the affected individuals' physical and psychosocial well-being. The absence or deformity of the external ear can lead to functional impairment in hearing, sound localization, and protection of the ear canal. Moreover, the visible malformation can cause considerable psychological distress,

affecting self-esteem and social interactions, particularly during childhood and adolescence.

Auricular reconstruction aims to address these functional and aesthetic concerns, providing individuals with a more natural and cosmetically appealing external ear. Traditional approaches to auricular reconstruction have relied on autologous cartilage grafts from the rib or artificial implants made from silicone or other materials. However, these methods have limitations, such as donor site morbidity, implant extrusion, and challenges in achieving a realistic and anatomically accurate ear shape.

In recent years, regenerative therapy has emerged as a promising and innovative approach to auricular reconstruction. By harnessing the potential of tissue engineering, biomaterials, and stem cells, regenerative therapies offer the possibility of creating functional and patient-specific ear structures, revolutionizing the field of microtia treatment.

#### Current Landscape and Scope

Advancements in regenerative therapy have provided new insights into the potential for bioengineering patient-specific auricular constructs. These innovative approaches hold the promise of addressing the challenges associated with traditional surgical techniques and enhancing the overall outcomes of auricular reconstruction.

This literature review aims to explore the recent advances in regenerative therapy for auricular reconstruction in

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congenital microtia. The review will delve into the theoretical framework, surgical treatment, complications, and the future prospects of this rapidly evolving field. By critically evaluating the existing evidence, we seek to highlight the potential of regenerative therapy in providing more natural, functional, and personalized solutions for individuals with congenital microtia.

### DEFINITION

Regenerative therapy for auricular reconstruction involves leveraging tissue engineering principles, biomaterials, and stem cell technology to create a functional and anatomically accurate external ear. The underlying concept of regenerative therapy is to stimulate the body's innate ability to repair and regenerate damaged or missing tissues. In the context of auricular reconstruction, this means facilitating the growth and development of cartilage, skin, and blood vessels to recreate a three-dimensional ear structure that closely resembles a natural ear.

#### Surgical Treatment

The traditional surgical approaches for auricular reconstruction often involve the use of autologous cartilage grafts harvested from the patient's rib or artificial implants made from silicone or other materials. While these methods have been successful to some extent, they come with certain limitations. The use of autologous grafts may lead to donor site morbidity, and artificial implants may be associated with complications such as extrusion or infection.

Regenerative therapy introduces innovative methods to overcome these challenges. One such approach involves using biocompatible scaffolds, often made from materials like polycaprolactone (PCL) or polyglycolic acid (PGA), which are seeded with patient-derived chondrocytes or stem cells. These cells serve as the building blocks for the regeneration of cartilage tissue. The scaffold acts as a temporary framework, guiding the growth of new cartilage that eventually assimilates into the patient's native tissues, resulting in a more natural and durable auricular structure.

### Complications

Like any surgical procedure, regenerative auricular reconstruction is not without potential complications. Infection, wound dehiscence, and graft resorption are among the complications that can be encountered. The immune response to the scaffold material and the stability of the regenerated tissue are also important considerations.

The success of regenerative therapy largely depends on achieving proper integration between the newly formed tissue and the surrounding anatomical structures. Factors such as vascularization and tissue alignment play critical roles in the long-term stability and survival of the regenerated ear.

### DISCUSSION

Regenerative therapy has shown considerable promise in the realm of auricular reconstruction for congenital microtia. Research studies and clinical trials have demonstrated

encouraging outcomes, with improved aesthetics, patient satisfaction, and functional results reported.

One of the key advantages of regenerative therapy is its potential to create patient-specific ear structures. By using the patient's own cells and tissues, the risk of immune rejection is minimized, and the regenerated ear is more likely to integrate seamlessly with the surrounding tissues. Moreover, regenerative therapy offers the ability to tailor the shape and size of the ear to each individual's unique anatomy, providing a more customized and personalized solution.

#### Challenges

While regenerative therapy holds great promise, several challenges need to be addressed to optimize its application in auricular reconstruction. Standardizing protocols for cell isolation, culture, and scaffold fabrication is essential to ensure consistency and reproducibility of results. Additionally, long-term studies with larger patient cohorts are needed to assess the durability and stability of the regenerated tissue over time.

Incorporating advanced technologies, such as 3D printing and biofabrication, may further enhance the precision and accuracy of regenerative auricular reconstruction. Continued collaboration between experts in tissue engineering, biomaterials, and otolaryngology will be pivotal in advancing this field and refining the regenerative approaches for microtia treatment.

#### Future Perspectives

The rapid advancements in tissue engineering and regenerative medicine hold great promise for the future of auricular reconstruction. As technology continues to evolve, we can anticipate even more sophisticated and patient-specific solutions for individuals with congenital microtia. The combination of regenerative therapy with other innovative techniques may usher in a new era of auricular reconstruction, providing patients with more natural, functional, and aesthetically pleasing outcomes.

In conclusion, regenerative therapy for auricular reconstruction represents a revolutionary approach in the treatment of congenital microtia. As research and development in this field progress, we expect to see even more remarkable advancements in regenerative techniques, ultimately offering hope and improved quality of life to those born with microtia.

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## Advances in Regenerative Therapy for Auricular Reconstruction in Congenital Microtia

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